

# IPO AIPO • WPC • WRPf • IPL - SANCTIONED CHAMPIONSHIP APPLICATION & CONTRACT FORM 2026

## 1. Competition Details

Competition Name: \_\_\_\_\_

Federation (tick one):

IPO AIPO    ☐ WPC    ☐ WRPf    ☐ IPL

Competition Type:

☐ National Championship    ☐ Open    ☐ Invitational

Untested ☐    Tested ☐    If tested extra fees will apply see below!

Date(s) of Competition: \_\_\_\_\_

Number of Competition Days: ☐ 1 Day    ☐ 2 Days

Venue Name: \_\_\_\_\_

Venue Address: \_\_\_\_\_

Expected Number of Lifters: \_\_\_\_\_

## 2. Promoter / Meet Director Information

Promoter / Meet Directors

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

## 3. Sanction & Fees

☐ I confirm payment of the €50.00 National Sanction Fee is enclosed/submitted.

☐ I confirm that entry fees will not exceed €100.00 per lifter.

☐ I confirm that admission fees will not exceed €10.00 per day.

## 4. Rules & Compliance

☐ I confirm that this competition will be conducted strictly in accordance with the official IPO AIPO / WPC / WRPf / IPL rulebook of the sanctioned federation Competition.

## 5. Referees, Officials & Staff

Number of Referees per Day: \_\_\_\_\_ (minimum 5 required)

☐ Fuel allowances will be paid as follows:

**€35 (50–100 km) (€70 (100–200 km))**

☐ Fuel receipts for referees should be collected prior to competition.

☐ Free admission will be provided for referees and Chairperson.

- ☐ For two-day competitions, Chairperson accommodation (room & B&B) must be covered by promoter.
- ☐ Food will be provided for referees and Chairperson while officiating.
- ☐ Food and referments will be provided for spotters, loaders, and workers provided by the Meet Director
- ☐ All spotters/loaders will be uniformly dressed in Championship or Federation T-shirts.
- ☐ No hats will be worn by platform staff or Referees.

## **6. Platform & Venue Requirements**

- ☐ Competition platform will be solid, non-slip, and free of movement.
- ☐ Warm-up area will be adjacent to or near the competition platform.
- ☐ Venue may be a gym, hotel, or sporting complex of suitable size.
- ☐ Two calibrated scales will be provided:
  - Available 24 hours prior to weigh-ins
  - Separate for men and women
  - Calibrated against the original scales

## **7. Equipment Requirements**

- ☐ Mono-lifts minimum of 3 × Warm-up 2 or more & 1 × Platform
- ☐ Certified kilo plates available: 450 kg on platform & 1,000 kg in warm-up area
- ☐ Minimum of 3 competition benches / ER racks. Warm-up 2 or mor & 1 × Platform
- ☐ Approved competition bars:
 

Minimum 3 × Squat Bars (25 kg – Sport Kraft)

Minimum 3 × Bench Bars (20 kg – Sport Kraft / Texas / Rogue)

Minimum 3 × Deadlift Bars (Sport Kraft / Texas)
- ☐ Chalk available on platform and in warm-up area.
- ☐ Wire brush available on platform.
- ☐ Deadlift bar raiser provided.
- ☐ Approved referee light & score system (light box) provided.

## **8. Awards & Categories For All National & Regional Championsips**

- ☐ Medals will be awarded for 1st, 2nd, and 3rd place in all categories and age groups.
- ☐ Medals will be high quality and approved by IPO/AIPO Office or Chairperson.

- ☐ Overall Best Lifter trophies will be awarded where an age group has 6 or more lifters.
- ☐ Age groups with fewer than 6 lifters may be combined using the appropriate age coefficient.
- ☐ Best Overall Team trophy will be awarded.
- ☐ Lifters will only enter one category unless lifting in each entered category.

## Open & Invitational Championships – Awards & Categories

- Medals must be awarded for **1st, 2nd, and 3rd place** in all categories.
- Medals must be **high quality** and approved by the **IPO / AIPO Office or Chairperson**.
- **Overall awards** may include **trophies, championship belts, Swords or prize money**.
- Overall awards must be presented to the **Best Lifter(s)** based on the **official federation coefficient**, awarded to the lifter achieving the **highest coefficient score** within the designated category.

## Promoter Responsibilities

- Promoters must be **fully transparent** on the **entry form**, official documentation, and all **promotional materials**, including social media.
- Promoters must clearly state:
  - Whether the competition is an **Open Championship** (with no age groups).
  - Whether a **drug-tested division** is available (if applicable).

## Overall, Winners & Category Separation

- Lifters competing in **separate lifting categories** must **not be combined** for overall awards.
- The following categories **must remain separate**:
  - **Classic Raw**
  - **Equipped (Single-Ply / Multi-Ply)**
  - **Unlimited**
- **Classic Raw** must always remain a **stand-alone category**.
- **Equipped lifters** may compete under one equipped category, with the choice of **Single-Ply or Multi-Ply**, unless otherwise specified by the federation.
- In **Bench Press competitions**, **Unlimited Bench** must be kept as a **separate category** and must not be combined with other equipped or classic divisions.

## 9. Branding

- ☐ National Federation logo and/or flag will be displayed on stage.

## 10. Results & Documentation

- ☐ All results, scorecards, and drug testing documentation and samples will be submitted to the Chairperson or an authorised IPO/AIPO Officer at the end of each competition day.

## 11. Records & Drug Testing

- ☐ I understand that AIPO records require a minimum of 10% of lifters to be drug tested for records to stand.
- ☐ I confirm that the Meet Promoter is responsible for all drug testing and shipping costs.
- ☐ All testing fees will be paid in advance, based on number of entries in the tested division.

## 12. Equipment Hire (if applicable)

- ☐ Equipment hire required
- ☐ Equipment hire not required

**(Deposits may be required for equipment hire and/or drug testing.)**

## Promoter Requirement – Liability Waiver

The Promoter must provide a **liability waiver** on the competition entry form clearly stating that all lifters participate at their own risk.

### Wavier To Be Added To Entry Form

- By entering this competition, I acknowledge and agree to the following:

I understand that **IPO / AIPO** accepts no **responsibility** for any personal injury, loss, or harm sustained **before, during, or after** the competition.

- Each participant competes **entirely at his or her own risk** and **waives the right to bring any legal action** against **the organisation, federation, or promoter** in relation to participation in this event.
- **IPO / AIPO** is **not responsible** for the personal conduct of its members, referees, or officials **outside of their official powerlifting-related duties**, including conduct on social media.
- **AIPO members** are subject to **drug testing both in and out of competition**.
- Any **positive drug test result** will result in an **automatic lifetime ban from AIPO**.
- A lifter who tests positive may continue to lift under **IPO only**, subject to a **€500 penalty fee**.
- **IPO / AIPO** is fully compliant with **GDPR data protection regulations**.
- The full **data protection policy** is available via the IPO / AIPO Facebook group or website [www.powerliftingireland.ie](http://www.powerliftingireland.ie).

### Declaration

I hereby declare that, as a condition of obtaining sanction, I personally agree and confirm that this competition will be conducted in full accordance with the rules and regulations of IPO / AIPO Ireland. I understand that failure to comply with these requirements may result in refusal of future sanctions.

**Promoter Name (Print):** \_\_\_\_\_

\_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_